

Draft programme schedule

The draft conference schedule will be further refined and finalized in collaboration with the partners and experts.

Event Schedule for the 6th International Day of Dignified Menstruation

Date: December 8, 2024

Location: Hotel Himalayan Lalitpur, Nepal (Hybrid Event)

Time: 8:30 AM-12:30 PM (Nepal Standard Time)

Time	Activities
8:30 AM-8:45 AM	Registration Left Hall-1st floor
8:45 AM-8:55 AM	Balloon blowing with chanting the slogan
8:55 AM-9:00 AM	Song on Dignified Menstruation
9:00 AM-9:05 AM	Welcome Remarks <ul style="list-style-type: none"> • Song from the Child Club of Tangaal School • Welcome and Keynote Speaker (Dr. Radha Paudel)
9:05 AM-9:10 AM	Remarks (Ghanashyam Gurung, WWF)
9:10 AM-10:10 AM	Panel Discussion 1, Moderator: Pabitra Guragain <i>Theme 1: Intersection of Menstrual Dignity with SRHR for Claiming Gender Equality and Justice with Policymakers</i> Panelists: <ul style="list-style-type: none"> • 2 parliamentarians from Nepal, • Jane Bennett (Chalice Foundation), • Mahjabeen Qazi UNFPA (Pakistan), and • Maryaan Saeed Ali (International Rescue Committee),
10:10 AM-10:20 AM	Launch Song: My Body My Rights
10:20 AM-10:25 AM	Winner Announcement for the Social Media Challenges and Video Competition
10:25 AM-10:30 AM	Research Grant Scholarship to students from KU <ol style="list-style-type: none"> 1. Mayalu Tamang (Miteri Neurodevelopmental Disorder Dignified Menstruation Research Grant) 2. Kaushila Kharel (Miteri Sudha Lal Dignified Menstruation Research Grant)
10:30 AM-10:35 AM	Launching Media Fellowship Book Sharing by Gobinda Khadka
10:35 AM-10:40 AM	Recognition of “ Thuprai.com ” for supporting the campaign of Dignified Menstruation through an- online platform.



10:40 AM-10:45 AM	Remarks: Erfaan -Steering Committee Member (Pakistan)
10:45 AM-11:45 AM	<p>Panel Discussion 2</p> <p><i>Theme: “Engagement of Youth in Advocating Dignified Menstruation”.</i></p> <p>Moderator: Aniedi Etim-Nigeria</p> <p>The panelists are:</p> <ol style="list-style-type: none">1. Surendra Basnet, vice president of the National Youth Council,2. Shinta Dewi, Girls Act Leader in Bali, Indonesia,3. Youth from Sri Lanka,4. Samon Chettri, Unity For Change
11:45 AM- 12:25 PM	<p>Remarks</p> <ul style="list-style-type: none">• Amplify Change• AHF Nepal• The Colombo Plan• Eva Marti, University of Lausanne• National Women's Commission• National Human Rights Commission• National Planning Commission• Ministry of Women, Children and Senior Citizens• Ministry of Education• Ministry of Health and Population• Ministry of Education• Bhagawati Neupane• ... <p>Note*: 3 minutes each</p>
12:25 PM-12:30 PM	Closing Remarks Steering Committee Member (Amber Luminario, Philippines)