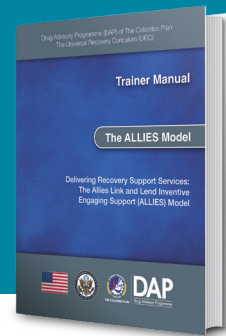


THE UNIVERSAL RECOVERY CURRICULUM (URC): DELIVERING RECOVERY SUPPORT SERVICES

Recovery from substance use disorders is more than just not using alcohol or other substances. It is more than just going through substance use disorder treatment. It is a long-term process of learning to live life and solve problems without alcohol or other drugs. Long-term support is often necessary for individuals with substance use disorders to achieve and sustain recovery.

Both of the URC courses focus on equipping participants with core competencies and skills to work as a recovery support professional.

One course is designed for those individuals who themselves are in recovery from a substance use disorder and the other is for those individuals who do not identify as being in recovery. Successful completion of either one of the recovery-focused courses will allow participants to become eligible to sit for an exam through the Global Centre for Credentialing and Certification (GCCC) to qualify to work as a recovery support professional in the field. (For more information contact: www.globalccc.org)



URC 1 Delivering Recovery Support Services: The PEER (Peer Experiences Empower Recovery) Model

This course does not require prerequisite training and is designed to be a stand-alone course so that recovery support professionals can be trained quickly in the field. This course, often referred to as “PEER,” provides a brief foundation that defines substance use disorders and recovery, and then provides the needed information about competencies and skills, including awareness of trauma-informed care, self-care, and boundary setting, to work successfully as a recovery support professional.

Note: This course is created for those who already are working or want to work as a peer support professional and who are in sustained recovery for a minimum of two years from a substance use disorder. This course is also designed for those whose lives have been seriously impacted, either directly or indirectly, by the behavior of an individual with a substance use disorder and who have embarked on their own journey of recovery as a result. Such persons, which most often includes family members and significant others, are qualified to offer peer recovery support by virtue of their “shared personal experience” with addiction and recovery. (40Hrs)

URC 2 Delivering Recovery Support Services: The Recovery Allies (Allies Link and Lend Inventive Engaging Support) Model

Like the PEER course, the Allies course does not require prerequisite training and is designed to be a stand-alone course so that recovery support professionals can be trained quickly in the field. The Recovery Allies course orients participants through a brief foundation that defines substance use disorders and recovery, and then provides the needed information about competencies and skills, including awareness of trauma-informed care, self-care, and boundary setting, to work successfully as a recovery support professional.

Note: This course is created for those with interest in working as a recovery support professional and who do NOT identify as being in recovery from a substance use disorder. (40Hrs)